



Summer '22 Extra Connections Women's Studies

We will have four options for summer studies.

Groups will meet eight Wednesdays from June 1st - July 20th, 6:00-7:00.

No Book Required

1. Beth Gillem will lead a study based on *The Christian Atheist - When You Believe in God but Live Like He Doesn't Exist* by Craig Groeshel. It explores many of the questions believers struggle to come to terms with. (Examples: I am a Christian, but I'm not sure God loves me; I am a Christian, but I'm ashamed of my past; I am a Christian, but I can't seem to forgive; etc.) We will learn what it means to believe in God and truly live each day like He exists. **Each night is a stand alone lesson, and there is no book or home study.**

Book Required - If you miss a week or two, you will have the book to keep up.

2. Kathy Finch and Sheena Grimes will lead a study that focuses on developing a better prayer life. This study is based on the book, *The Hour that Changes the World* by Dick Eastman. It is subtitled *A Practical Plan for Personal Prayer*. If you want to improve your time in prayer with God, consider the topics we will study: enhancing your prayer life through praise, waiting, confession, Scripture praying, watching, intercession, petition, thanksgiving, singing, meditation, listening, and praise again. The book contains 15 chapters, but each is short and can be read in about 20 minutes. We will cover 2-3 chapters each week. In addition to reading and discussing the book, we hope to provide you with resources to help you put the ideas into action. **The cost for the book will be \$2.00.**
3. Tina Simmons will lead a study that focuses on transforming your life by cultivating the fruit of the Spirit. When we are saved and receive the Holy Spirit, He gives us His fruit: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control. So, if we have been given the fruit, why do we struggle to love? Why is self-control so challenging? This study will be based on the book *A Life Beyond Amazing* by Dr. David Jeremiah. **The cost will be \$5.00.** We will read one (20 page) chapter per week. Participants will receive a set of study questions for the whole study on the first night to use if they want to dig deeper, but the classes will be more like a book club, where we will go through the chapter sharing what we highlighted or found meaningful.
4. Lisa Clement, Ph.D., certified Christian counselor will lead a study on forgiveness. Do you know that forgiveness is more about your heart than it is about the person that hurt you? Do you know your unforgiveness keeps you tied to the one or ones that hurt you? In this class, we will go on a journey to understand forgiveness, so we can experience the healing God has for us. We will be reading *Effortless Forgiveness* by Ed M. Smith and Joshua A. Smith. **Cost is \$6.00.**